

## CAMERON QUICKSTEP

### **HOLD**

Normal Ballroom Hold

### **DIRECTION**

Man facing diagonal centre down LOD

### **STARTING FOOT**

Man starts with his left foot forward

Lady starts with her right foot back down line of dance

### **TIME**

4 /4

### **TEMPO**

48 bpm

Chasse reverse turn (step chasse)	SQQ
Progressive chasse (step chasse)	SQQS
Forward lock for man (backward lock for lady)	SQQS
1 2 3 natural turn	SQQ
Open Impetus Turn to promenade position Check (inside foot) and then back twinkle	SSS SQQS
Passing turn (three steps) Man is backing down LOD chasse (both are now facing the walls) <i>(after the twinkle it is three steps and then a tipple chasse)</i>	SQQ SQQS
Lock (Man is now facing down LOD and Lady backing LOD)	QQS
Zig zag	SSSS
Natural turn	SQQ
Hesitation	SSS

[https://www.youtube.com/watch?v=Z4c8KhS8x1s&ab\\_channel=sequencedanceuk](https://www.youtube.com/watch?v=Z4c8KhS8x1s&ab_channel=sequencedanceuk)

[https://www.youtube.com/watch?v=Umr5QXQVw0c&ab\\_channel=sequencedanceuk](https://www.youtube.com/watch?v=Umr5QXQVw0c&ab_channel=sequencedanceuk)